

Veal

Fueling an Active Lifestyle

PROTEIN RICH

PRESERVES AND BUILDS MUSCLE
PLAYS A KEY ROLE IN GROWTH



RICH IN VITAMIN B-12

PROMOTES HEALTHY BLOOD CELLS
MAINTAINS BRAIN FUNCTION



GOOD SOURCE OF CHOLINE

PROMOTES HEALTHY CELLS
IMPORTANT FOR GOOD PRENATAL NUTRITION



GOOD SOURCE OF ZINC

MAINTAINS IMMUNE FUNCTION
PLAYS A KEY ROLE IN GROWTH
AND COGNITIVE DEVELOPMENT



VealMadeEasy.com | VealFarm.com



Funded by the Beef Checkoff.